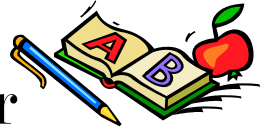




Frost & Cascades Elementary Schools

A H.E.R.O. School

August & September, 2018 Newsletter



Martin DuBois, Principal for Frost
Frost – 517-841-2600

Marti Kuhn, Principal for Cascades
Cascades – 517-841-3900

www.jpsk12.org (select Frost or Cascades as the school for up to date information)

WELCOME

Welcome back to Cascades and Frost Elementary Schools! We welcome our returning students as well as our new students. We are looking forward to a wonderful and productive school year!

We have some exciting events being planned for this school year for students and families. Be sure to watch your student's backpack for more information about these events.

SCHOOL HOURS

Frost and Cascades Elementary Schools will have the same school hours. School will start at 8:38 and dismiss at 3:40. Dismissal for half days will be at 11:48. Breakfast will be served at 8:18 and students are asked not to arrive before that time. We have no adult supervision before 8:18 in the cafeteria or gym.

FRONT DOOR

The front door to Frost/Cascades will be locked from 8:50 until the end of the day. If you come during those times, you will need to ring the bell (located about 4 feet back on the right side of the door), and we will be happy to let you in. Please be patient if we do not immediately let you in. If we are in the middle of meds, it is hard for us to get to the door as quickly as we'd like.

HUNGRY HOWIES

Cascades and Frost will each have a Hungry Howies day to benefit our schools. Cascades will be Tuesday, September 4 and Frost will be September 19. On these days, be sure to mention the school and we will get 20% of the profits. Also, mention your child's teacher and they could be in the running for a pizza party!



STAFF MEMBERS

We welcome all our staff at

Frost and Cascades Elementary Schools:

Mr. DuBois – Principal, Frost
Mrs. Kuhn – Principal, Cascades
Mrs. Patronik – School Secretary, Frost
Ms. Pallottini – School Secretary, Cascades

Kindergarten –

Mrs. VanZandt
Ms. Pemble
Mrs. Simpson

1st grade –

Mrs. Sierakowski
Mrs. Spring
Ms. Teriaco

2nd grade –

Ms. Bosom
Ms. Johnston
Ms. Salenbien
Ms. Peavy

3rd Grade –

Mrs. Kuehn
Ms. Miller
Mrs. Linnabary (formerly Alger)
Ms. Cyrocki

4th Grade –

Mrs. Bynum
Mr. Landenberger
Mrs. Norman
Mrs. Maxson

5th Grade –

Ms. Bristow
Mrs. Glaspie
Mrs. O'Brien

Mrs. Weinberg – EI Room, Frost
Ms. D. Simpson – EI Room, Cascades
Ms. Currie – CI Room, Cascades
Ms. Proevski – Resource
Mrs. Stineman - Resource
Mrs. Schneider – PE
Mr. Harbottle - PE
Ms. Spagnuolo – Art/Music
Mrs. K. Simpson – Art
Mrs. Cross – Music
Mrs. Steenrod - Library
Mrs. Francis – Impact Coach, Frost
Ms. Spangler – Impact Coach, Cascades
Mr. Gallagher – Security
Mr. Bradley – Behavioral Specialist
Mrs. Frank – Energizing Education
Ms. Kellogg – Energizing Education
Mrs. Fortune-Gallagher – Fr. Soc. Worker
Mrs. Niekowal – Casc. Social Worker
Mrs. Kloeckner – Social Worker
Mrs. Wickens – Teacher Consultant
Ms. Raus – Frost School Psychologist
Mr. Koch – Casc. School Psychologist
Mrs. Sykes – Frost Speech Therapist
Ms. Van Dusen – Casc. Speech Therapist
Mrs. Wilkinson – Frost DHHS Worker
Mr. Snyder – Cascades DHHS Worker
Frost Paraprofessionals –
Sue Francey, Angela Hartzell,
Jen Lincoln, Carol Carothers
Sandra Stone, Tharasa Parker
Cascades Paraprofessionals –
Laura Porter, Suzy Carney,
Laura Backinger, Kim Cutting
Teacher Assistants –
Lynette Hunt, David Commet,
Kathy Austin, Ciara Johnson

FORMS

During the first week of school you will receive a lot of information as well as forms, such as the Accident/Illness/Contact form, a Student Health Information form, and other important forms. Please be sure to complete all of these forms, sign them and return them to your child's teachers ASAP.

GET YOUR JPS APP

Be sure to download the Jackson Public Schools App for your mobile devices. You can receive notifications from Frost, as well as the District, concerning events, emergencies, and other important information!

VISITORS TO FROST/CASCADES

For the safety of all students, ANY visitor to our building must sign in at the office. There are no exceptions to this. We appreciate your understanding and your help to make our school a safe and secure facility.

ALL SUPERHERO PARENTS

On Thursday, September 20 at 5:30, we invite all parents to join us in the Frost cafeteria for a fun event for families. Learn how to help build your parenting skills, learn strategies to help families be awesome, and enjoy free dinner and activities! Call James Bradley at 841-2571 or e-mail at james.bradley@jpsk12.org.

I'm a H.E.R.O.!

This year, we are heroes of our own learning!

I'm a hero if I'm....

H.....being Helpful

E.....showing Effort

R.....being Respectful

O.....showing Ownership

CASCADES/FROST PARENT PTO

We welcome any interested parents to get involved with our Parent Lighthouse. Our first meeting will be soon, and there is always food and babysitting (if needed). These meetings are a great way to be more involved at Frost and to meet other parents. We will have a call home or a note letting you know when the first meeting will be.

If you have any questions about our PTO, you may e-mail them at FrostPTO@jpsk12.org or contact the front office.

PICTURE DAYS

Picture Day for Cascades will be on Thursday, October 4.

Picture Day for Frost will be on Monday, October 8.

DAILY SCHEDULE

School will begin at 8:38 a.m. and dismiss at 3:40 p.m. On half days, our dismissal time will be at 11:48 a.m.

All students will be able to eat breakfast in the cafeteria between 8:18 and 8:38 a.m. each day. Lunches will be served beginning on Thursday, August 23. The lunch and recess periods are as follows:

- 11:05 – 11:45 - Grades K, 1
- 11:45 – 12:25 - Grades 2, 3
- 12:25 – 1:05 - Grades 4, 5

Prices are as follows:

- Breakfast – Free to all students
- Lunch - Free to all students
- Milk Only \$.50



FROST & CASCADES CODE OF CONDUCT

1. Respect all adults, each other and all school and personal property.
2. Use school appropriate language.
3. Refrain from fighting AND play fighting.
4. Walk quietly in the halls, in a line, carry a hall pass when not walking with your class.
5. Verbal and/or physical bullying will not be tolerated.

All staff members will implement a behavior card system. Students will be given rules and expectations that go with the card system. You will receive an outline of the system. Students who follow rules and expectations will have the privilege of receiving a monthly reward. Please support us in our efforts to help students make positive behavior choices.

CALLS TO OFFICE AFTER 3PM

In an effort to make sure every student gets home safely, please make sure we have any transportation changes to us no later than 3pm. It is extremely hard to get phone calls later than that, and we cannot guarantee any messages can be listened to in time to get the information to the students. Teachers are out of their rooms getting ready for dismissal during that time, and we don't want to miss getting the information where it needs to go. Thank you for your understanding!

HEALTHY FOOD AT JPS

Jackson Public Schools has asked all schools to adopt a Healthy Food Policy. We offer healthy choices to each student on a daily basis in the cafeteria.

New this year – Students are not allowed to have fast food or pizza in the cafeteria during lunches.

Also, we do not allow any cupcakes, cookies, cakes, or unhealthy options to be brought in to the classroom. If you would like to bring birthday treats in for your student, consider options like fruit snacks, cheese sticks, crackers and cheese, fruit, veggies, or any other healthy food item. Always make sure to check with your student's teacher to ask what time would be best.

POPCORN

Starting August 29, our PTO will be having popcorn days every Wednesday. Every Wednesday, students will be able to purchase bags of popcorn for \$.50 per bag. We need volunteers to help us pop, bag and deliver popcorn. If you can help, e-mail our PTO at FrostPTO@jpsk12.org or call the front office.



ATTENDANCE

To better serve you in the morning, we encourage you to call directly to our attendance hotline to report your child's absence. We are also requesting that you get a doctor's slip when you take your child to an appointment. These slips will be kept on file with the school secretary. This will help us better track possible attendance problems.

To report an absence, the office and let us know your student's name, grade and reason for the absence. For Frost, call 841-2600 and for Cascades, call 841-3900.

BOXTOPS

We are collecting boxtops to earn profits for Frost & Cascades. Please save and send them to school with your student. We will start the year off with a contest to see which class can turn in the most box tops. Look for forms to come home to help in saving them. Be sure to either attach them to this form or place them in a baggie with your child's name and teacher on it. Thanks for saving your boxtops!



PARENT VISITS AT SCHOOL

We value our parents and want you to be involved at school. However, we will not be allowing drop in visits in the classroom, without prior approval from the principal or the teacher. Parents are not allowed to walk students to class. It is very disruptive to the class to have a parent walk in and interrupt the class. If you are volunteering in the classroom, please make sure you have made specific arrangements with your child's teacher. We appreciate your understanding.



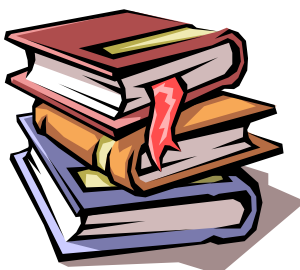
PROPER DRESS

All students need to wear clothing appropriate for the weather conditions. It is not acceptable for students to wear short shorts or short skirts. All shirts must have sleeves. Any kind of tank top or shirts exposing the stomach or cleavage will not be allowed. Clothing depicting tobacco, alcohol or inappropriate topics are not permitted to be worn. Mesh jerseys need to have a t-shirt worn underneath. Students should wear pants that fit, sagging pants with underwear showing is not permitted. Please do not allow your child to wear pajamas or slippers to school, unless his/her teacher is having a pajama day. Gym shoes or soft shoes are to be worn during P.E. class. We expect all students to dress in a manner that promotes learning and a disciplined outlook at school.

ARRIVAL

When students arrive in the morning they are to enter the building at the gym entrance. Students being dropped off in the front parking lot are to walk down the sidewalk beside the building to enter the cafeteria or gym in the back. (Students are not allowed to walk down the halls before 8:38 because there is no supervision.) **Students must be dropped in front of the school. We are no longer allowing parents to drop students in the back of the school.** Students eating breakfast may go directly to the cafeteria. All students should go sit in their assigned areas.

Please exercise extra caution when driving in the parking lots. We have a number of younger children attending Frost. This helps us ensure a safe zone for our students.



DISMISSAL

We dismiss each day at 3:40 p.m. If you pick up your child at the end of the day, please have a designated place for him/her to meet you. Please do not come in and ask the secretary to call your child to the office because at the end of the day the teachers are in the hallway getting students ready to go home and are not near the phone. By following this request, you will help our dismissal go smoothly.

Also, please drive slowly and use caution in the parking lots. Please be courteous and patient with other drivers as you pick up your child. If you are picking up your child, please use the Front parking lot and use the drop-off/pick-up lane. Please do not leave your vehicle parked and unattended in this area. Thank you for your cooperation.

LUNCH DETENTION

Lunch detention will be used for students who decide to misbehave in the cafeteria, class, or on the playground. They will not be allowed to remain in these areas. They will be assigned a detention during their lunch/recess period. The number of days a student is assigned to lunch detention will depend on what the student did (rule not followed) and/or the number of times the student has had noon detention.

APPOINTMENTS

If you are picking up your child from Cascades or Frost at **any time** during the day, **you need sign them out at the Main Office.** Students will continue to work in their classrooms until a parent arrives at the school to pick their child up for an appointment. The secretary will be happy to call your child to the office when you arrive at the school so you can sign your child out. Students will **not** be released to anyone that is not listed on their Accident/Emergency Form.

STUDENT MESSAGES

Our policy this year is to not transfer calls to the classrooms during school hours. It is very disruptive to the classroom to interrupt the lessons, and we want all our students to do their very best. Call the main office and we are happy to pass a message to your student or the teacher.

For the safety of your children, please send a note with your child at the beginning of the day regarding changes in transportation home from school. If you must call and change transportation, it needs to be done no later than 3:00pm. This is the best way to ensure your child gets home safe and sound.

SCHOOL ATTENDANCE

The Jackson Public School Board of Education is very concerned about attendance for all the students in our school district. We set a high goal for our attendance, so we expect students to be in attendance each day. Of course if your child is ill, we understand their absence. Attendance is important so your child can learn all he/she can during the year. This allows the students to get into the daily routine established by the teacher. If for any reason your child will be absent, **please call the office at 841-2604 and leave your child's name, the teacher's name and reason for absence.**

It is equally important for your students to be at school on time. Every time they are late or leave early, they are missing valuable instruction.

Students' arrival time and dismissal time will always be indicated on their attendance screen.

According to the policy set forth by the JPS Board, letters will be sent to parents when a student has been absent five and ten days. If a student misses 15 days of school, a referral is made to the Truancy Officer. It is possible that the Truancy Officer may make a referral to the Court System. The Jackson County Prosecutor continues to take a tough stand on truancy cases.