



# Jackson Public Schools Elementary Breakfast Menu

October  
2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>ChooseMyPlate.gov</p>	<p><b>1</b></p> <p>Mini French Toast</p> <p>Choice of Cereal Graham Crackers Apple Juice</p>	<p><b>2</b></p> <p>Sausage Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>	<p><b>3</b></p> <p>Tropical Escape Smoothie</p> <p>Choice of Cereal Graham Crackers Orange Juice</p>	<p><b>4</b></p> <p>Blueberry Loaf Cheese Stick</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>
	<p><b>7</b></p> <p>Brekkie</p> <p>Choice of Cereal Graham Crackers Canned Fruit</p>	<p><b>8</b></p> <p>Plain Bagel Cream Cheese Cheese Stick</p> <p>Choice of Cereal Graham Crackers Apple Juice</p>	<p><b>9</b></p> <p>Apple Bosco Stick</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>	<p><b>10</b> <b>Great Apple Crunch</b></p> <p>Yogurt Parfait with Fruit &amp; Granola</p> <p>Choice of Cereal Graham Crackers Orange Juice</p>
<p><b>14</b></p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>	<p><b>15</b></p> <p>French Toast Bites</p> <p>Choice of Cereal Graham Crackers Apple Juice</p>	<p><b>16</b></p> <p>Sausage Breakfast Biscuit</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>	<p><b>17</b></p> <p>Berry Banana Smoothie</p> <p>Choice of Cereal Graham Crackers Orange Juice</p>	<p><b>18</b></p> <p>Breakfast Burrito</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>
<p><b>21</b></p> <p>French Toast Loaf</p> <p>Choice of Cereal Graham Crackers Canned Fruit</p>	<p><b>22</b></p> <p>Mini Pancakes</p> <p>Choice of Cereal Graham Crackers Apple Juice</p>	<p><b>23</b></p> <p>Breakfast Pizza</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>	<p><b>24</b></p> <p>Yogurt Parfait with Fruit &amp; Granola</p> <p>Choice of Cereal Graham Crackers Orange Juice</p>	<p><b>25</b></p> <p>French Toast Bites</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>
<p><b>28</b></p> <p>Ham &amp; Cheese on a Bagel</p> <p>Choice of Cereal Graham Crackers Canned Fruit</p>	<p><b>29</b></p> <p>Breakfast Burrito</p> <p>Choice of Cereal Graham Crackers Apple Juice</p>	<p><b>30</b></p> <p>Blueberry Loaf</p> <p>Choice of Cereal Graham Crackers Fresh Fruit</p>	<p><b>31</b></p> <p>Grandma's Apple Pie Smoothie</p> <p>Choice of Cereal Graham Crackers Vegetable Selection</p>	

PRICES

EXTRA INFO



Your MENUS plus more information on our app  
Taher Food4Life®



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