



FRESHMEN YEAR CHECKLIST

The beginning of high school is an exciting time. Your child may be adjusting to a new school, making new friends and becoming more independent. But your child still needs your help and involvement. Here are some things you can do together to succeed this year.

Summer Before High School

- Visit a college campus together. It's a great way to get your child excited about college. Learn more about how you and your child can prepare for a campus visit.
- Get the facts about what college costs. You may be surprised at how affordable higher education can be. Start by reading Understanding College Costs.
- Show your child how to explore career ideas. They can make a list of interests, talents and favorite activities and start matching them with occupations. Learn more about how your child can complete a career worksheet.
- Come up with fun reading ideas. Look for magazines or newspapers your child may like and talk about the books you loved reading when you were your child's age. If your family makes reading enjoyable, it can become a daily habit.

Fall

- Make sure your child meets with the school counselor. Your child should schedule a meeting to talk about college and career options and to choose the most-appropriate classes. Learn more about the high school counselor's role.
- Help your child set goals for the school year. Working toward specific goals helps your child stay motivated and focused.
- Make a plan to check in regularly about schoolwork. If you keep up with your child's tests, papers and homework assignments, you can celebrate successes and head off problems as a team. Get homework tips for your child. Download the PowerSchool app. District code: **LWRG. GPA and attendance matter.**
- Talk about extracurricular activities. Getting involved in clubs and other groups is a great way for your child to identify interests and feel more engaged in school. Read more about the benefits of extracurriculars.

Winter

- Start thinking about financial aid. It's not too early to look into types of aid that could help you cover college costs.
- Start by reading 7 Things You Need to Know About Financial Aid. Visit fafsa4caster.ed.gov for projected financial aid amounts.
- Discuss next year's classes. Make sure your child is challenging themselves — and taking the courses college admission officers expect to see. Learn more about the high school classes that colleges look for.

Spring

- Help your child start a college list. Visit College Search Step-by-Step together to get tips on starting a college search and figuring out what matters most to your child when choosing a college.
- See how much you need to save for college. Use the College Savings Calculator to get an idea of where you are compared with your savings goal.
- Help your child make summer plans. Summer is a great time to explore interests and learn new skills — and colleges look for students who pursue meaningful summer activities. Find out ways your child can stay motivated this summer.
- Ask to see your child's EDP results (career cruising).

